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DANC 380.01: Science of Dance Movement

Michele C. Antonioli

University of Montana - Missoula, michele.antonioli@umontana.edu

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DANCE 380-THE SCIENCE OF DANCE MOVEMENT

SPRING 2014

Spring 2014 University of Montana
School of Theatre & Dance
DAN 380 Science of Dance Movement
M/W 1:10-2:30pm PARTV 190

Instructor: Michele Antonioli
PARTV 184

Office Hours: M 12-1; Thursday 9-10am; Friday 11-12am

michele.antonioli@umontana.edu

TEXT: ANATOMY OF MOVEMENT by: Blandine Calais-Germain

Course Purpose:

This course provides an introduction to the anatomy of human movement with a particular emphasis on the implications this material will have for dance movement. The course will provide a basic understanding of the systems of the human body that are responsible for human movement and aid in the understanding of dance technique, facilitate anatomically guided teaching methodologies for dance teachers and safe and appropriate uses of the human body in dance choreography.

Course Objectives:

- ❖ Provide a basic knowledge of the skeletal and muscular systems of the human body and how they interact to create movement
- ❖ Apply this information to the movement mechanics of the body in dance
- ❖ Identify musculoskeletal variations and imbalances and discuss their implications for dancers
- ❖ Provide a basic understanding of common dance injuries, their genesis, treatment and suggestions for technical modifications to allow for appropriate execution of movements that fulfill aesthetic requirements but allow lower injury risks

Methodology:

This course will consist of two lectures per week. In addition to lecture and discussion, there will be video and experiential anatomical exploration of body systems.

Grading:

Test #1-20%

Test #2-20%

Test #3 20%

Day/Time of Final: Tuesday May 8th 3:20-5:20

Final-40%

IMPORTANT POLICIES FOR ALL STUDENTS IN SCHOOL OF THEATRE AND DANCE CLASSES

:All students must practice academic honesty. Academic misconduct is subject to an academic penalty by the course instructor and/or a disciplinary sanction by the University. All students need to be familiar with the Student Conduct Code. The Code is available for review online at http://life.umt.edu/vpsa/student_conduct.php.

All Theatre & Dance students must have an in-depth knowledge of the practices and procedures outlined in the School of Theatre & Dance Handbook. The Handbook is available online at <http://www.umt.edu/theatredance/about/handbook>.

The University of Montana assures equal access to instruction through collaboration between students with disabilities, instructors, and Disability Services for Students (DSS). If you think you may have a disability adversely affecting your academic performance, and you have not already registered with DSS, please contact DSS in Lommasson 154. I will work with you and DSS to provide an appropriate accommodation.

MM